



6 Oct 2019, 6 Oct 2019, Sunday - Patients Day



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Thank you to Total Merchandise for kindly providing the pens and notepads for Patients Day.

Arrhythmia Alliance Patients Day - Hall 8a



Chair: Kim Rajappan			Oxford UK
11:00	Welcome	Kim Rajappan	Oxford UK
11:05	Am I at risk of heart failure and what are my options?	Vishal Luther	London UK
11:20	Relationships and my arrhythmia	Jean Maloney	Sheffield UK
11:40	Patient experience	Joe Sievier	Stratford Upon Avon UK
12:00	S-ICD versus ICD why does it matter	James Fouhy	Clonmel IR
12:20	Debate: Treatment options for my arrhythmia: Drugs or devices?		
	Drugs	Helen Eftekhari	Coventry UK



	Devices	Faizel Osman	Coventry UK
12:45	Lunch		
Chair:			
13:30	Anxiety management for patient and carers with and ICD	Stuart Harris	Basildon UK
13:45	Cardiomyopathy what does it mean and what options are available	Stephanie Cruickshank	Surrey UK
14:00	The role of the ICD in heart failure patients	Jean Maloney	Sheffield UK
14:15	Lifestyle advice for people with an ICD. Do's and don'ts, can's and can'ts	Helen Eftekhari	Coventry UK
15:00	Break		
Chair: Vishal Luther			London UK
15:15	Ventricular Tachycardia verses Ventricular Fibrillation what are they and how to treat them	Alistair Slade	Cornwall UK
15:30	Left Bundle Branch Block	Mark Tanner	Chichester UK
15:45	Patient experience	Lucy Marriott	
16:00	Heart block what does it mean and what are my options	Vishal Luther	London UK



16:15	Inappropriate Sinus Tachycardia, what is it and what can be done	Faizel Osman	Coventry UK
16:30	Long QT - What are my options?	Elijah Behr	London UK
17:00	Close		

In the afternoon there is the opportunity to sit in on one of two breakout sessions; CPVT or SVT for 90 minutes or alternatively you can stay sat in on the main agenda.

CPVT Session

Chair: Jan Till			London UK
13:30	Patient experience	Ellie Nicholls	Essex UK
13:45	CPVT Genetics	Samantha Mason	London UK
14:00	Living with CPVT – Living with an ICD	Catherine Renwick	London UK
14:15	Living with CPVT – How can I monitor my heart rate looking at technology that might help	Jan Till	London UK
14:30	Living with CPVT – What should I say to school/nursery other carers	Lucy Green	London UK
14:45	Living with CPVT – Whats new in CPVT research	Jan Till	London UK
15:00	Break		



SVT Session

Chair: Francis Murgatroyd			London UK
13:30	Ablation for SVT	Francis Murgatroyd	London UK
13:45	What is SVT and how do I live with it?	Boon Lim	London UK
14:00	What treatment options are available	Faizel Osman	Coventry UK
14:15	Patient experience	Helen Bradley	Bewdley UK
14:30	SVT do not let your GP dismiss it	Matt Fay	Bradford UK
14:45	Anxiety feeding SVT feeding anxiety and how to cope	Matt Fay	Bradford UK
15:00	Break		



AF Association Patients Day - Hall 8b



Chair: Matt Fay			Bradford UK
11:00	Welcome	Rachel Harris	Chipping Norton UK
11:15	I am in permanent AF what now	Faizel Osman	Coventry UK
11:45	Patient story	Stephanie Cruickshank	Surrey UK
12:10	Heart failure what does it mean	Vishal Luther	London UK
12:45	Lunch		
Chair: Kim Rajappan			Oxford UK
13:30	Debate - AF Management - who is responsible? GP or EP?		
	GP	Matt Fay	Bradford UK
	EP	Kim Rajappan	Oxford UK
14:10	New ablation technology	Louisa Malcolm-Lawes	London UK
14:30	New technology	Nicholas Peters	London UK
15:00	Break		



15:15	How to support my partner, family member or friend with AF	Helen Hodgson	Bath UK
15:45	Why is anticoagulation so important	Yassir Javaid	Northampton UK
16:15	LAAO	Prapa Kanagaratnam	London UK
16:45	Questions		
17:00	Close		



STARS Patients Day - PoTs - Hall 7



Chair: Nick Gall			London UK
11:00	Welcome	Nick Gall	London UK
11:05	Are these palpitations concerning and what shall we do	William Foster	Worcester UK
11:30	Sleep	Lesley Kavi	Birmingham UK
12:00	Nutrition	Abbi Lulsegged	London UK
12:30	Patient Story	Catherine Wahlberg	Leamington Spa UK
12:45	Lunch		
Chair: Robert Sheldon			Calgary CA
13:30	Exercise	Catherine Best, Valeria Iodice	London UK, London UK
14:15	This house believes that tilt table testing is the definitive test for PoTS		
	Pro	William Foster	Worcester UK
	Con	Robert Sheldon	Calgary CA
15:00	Break		



15:15	Does medication really help	Nick Gall	London UK
15:45	Update on the year - Are GPs now more knowledgeable about PoTS?	Trudie Lobban MBE	Chipping Norton UK
16:15	Dysautonomia - how does this differ from PoTS?	Robert Sheldon	Calgary CA
16:30	Questions		
17:00	Close		



STARS Patients Day - Syncope & RAS - Executive Room 2



Chair: Richard Sutton			Monte Carlo MC
11:00	Patient story	Grace Spencer, Kate Spencer	Ticehurst UK, Ticehurst UK
11:30	Update	Rachel Harris	Chipping Norton UK
11:45	Managing your symptoms	Robert Sheldon	Calgary CA
12:15	The fainting teenager	Iain Parsons	London UK
12:45	Lunch		
13:30	RAS, epilepsy or breath holding? Yes, there is a difference. Anoxic epileptic seizures (AES)	William Whitehouse	Nottingham UK
14:30	Surprising things that make you faint	Nick Gall	London UK
15:00	Break		
15:15	Young syncope patients should be fitted with a device or pacemaker if experiencing frequent episodes-arguments - against	Richard Sutton	Monte Carlo MC
15:45	The role of the pacemaker in syncope patients	William Foster	Worcester UK



16:15	Why fainting should never be dismissed	Boon Lim	London UK
16:45	Questions		
17:00	Close		