



7 Oct 2018, Sunday - Patients Day

NEW for 2018!

We will be running two STARS sessions - one dedicated to PoTS and the other dedicated to Syncope and Reflex Anoxic Seizures (RAS).

We are also holding a dedicated CPVT session.

Please note delegates will be able to move freely between all of the below sessions.

AF Association Patients Day - Hall 8b



| Chair: Angela Griffiths, Matthew Fay | | | Oxford, UK, Bradford UK |
|---|--|--------------------|----------------------------|
| 10:00 | Managing weight can be as effective as an ablation - True or False | Prapa Kanagaratnam | London, UK |
| 10:30 | Exercise and AF | Angela Griffiths | Oxford, UK |
| 11:00 | Living with AF - a patient's experience | Mark Hyem | |
| 11:30 | Comfort Break | | |



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| 11:45 | Driving and DVLA guidelines | Matthew Fay | Bradford UK |
| 12:15 | When to seek medical attention or intervention with my AF | Matthew Fay | Bradford UK |
| 12:45 | Break | | |
| 13:30 - 16:00 | Chair: Angela Griffiths | | Oxford, UK |
| 13:30 | AF Association Charity Overview | Trudie Lobban MBE | Chipping Norton, UK |
| 13:35 | Medication Interactions | Joseph de Bono | Birmingham, UK |
| 14:00 | What is the difference between AF and Atrial Flutter? | Kim Rajappan | Oxford, UK |
| 14:30 | CHA2DS2VASc - what does this mean to me? | Prapa Kanagaratnam | London, UK |
| 15:00 | CBT how can it help? | Morwenna Opie-Moran | London, UK |
| 15:30 | Q and A | | |
| 16:00 | Close | | |



STARS PoTS Patients Day - Hall 7



| Chair: Boon Lim, Nicholas Gall | | | London, UK, London, UK |
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| 10:00 | Current treatment options for PoTS | Boon Lim | London, UK |
| 10:25 | Art and science : a reflection on a life in medicine | Blair Grubb | Toledo, USA |
| 10:50 | A Realistic Approach to Exercise Rehabilitation | Nicholas Gall | London, UK |
| 11:15 | Comfort Break | | |
| 11:30 | What might cause PoTS and what might we learn from research that can benefit patients? | Satish Raj | Calgary, CA |
| 11:45 | Nutrition and PoTS | Helen Eftekhari | Coventry UK |
| 12:20 | STARS and PoTS - our mission on your behalf | Trudie Lobban MBE | Chipping Norton, UK |
| 12:45 | Break | | |
| 13:45 - 16:15 | Chair: Nicholas Gall, Satish Raj | | London, UK, Calgary, CA |
| 13:45 | Patient experience: finding a way forward | Charlotte Jones | |



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| 14:15 | Interactive session: building up a self-help toolkit | Morwenna Opie-Moran | London, UK |
| 14:45 | My PoTS wish lists | Nicholas Gall | London, UK |
| 15:15 | Autoimmune causes of PoTS | Blair Grubb | Toledo, USA |
| 15:45 | Q and A | | |
| 16:15 | Close | | |



STARS Syncope & RAS Patients Day - Executive Room 2



| Chair: Richard Sutton, Robert Sheldon | | | Monte Carlo, MC, Calgary, CA |
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| 10:05 | STARS: let's celebrate its accomplishments during the last 25 years | Richard Sutton, Trudie Lobban MBE | Monte Carlo, MC, Chipping Norton, UK |
| 10:15 | Quality of life in patients with Syncope | Jelle DeJong | Amsterdam, Netherlands |
| 10:30 | Syncope: what is new and important to you since 2013? | Steve Parry | Newcastle Upon Tyne, UK |
| 10:55 | What are all these new wearable or portable devices, and why does it matter? | Rupi Sandhu | Alberta, CA |
| 11:20 | Pregnancy & Syncope | Padma Kaul | Alberta, CA |
| 11:30 | Comfort Break | | |
| 11:45 | Syncope and heart block: pacemaker or just watch (carefully)? | Richard Sutton | Monte Carlo, MC |
| 12:15 | Putting the person first: a patient is not just blood pressure and heart rate | Blair Grubb | Toledo, USA |
| 12:45 | Patient Talk | | |



13:00 Break

Chair: Padma Kaul, Rupi Sandhu

Alberta, CA, Alberta, CA

13:45 Syncope and the young Karen McLeod Glasgow, UK

14:15 Vasovagal syncope - overlapping disorders Rose-Anne Kenny Eire, IE

14:35 Interactive session: what is the best way to interact with doctors? Boon Lim, Matthew Fay, Padma Kaul, Trudie Lobban MBE London, UK, Bradford UK, Alberta, CA, Chipping Norton, UK

15:10 Interactive session: plenary summing up Boon Lim London, UK

15:40 Questions

16:00 Close



Arrhythmia Alliance Patients Day - Hall 8a



| Chair: Kim Rajappan | | | Oxford, UK |
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| 10:00 | SVT versus PSVT | Kim Rajappan | Oxford, UK |
| 10:30 | A patients experience of living with SVT | Mark Asplen | |
| 11:00 | Ectopic beats and my anxiety | Boon Lim | London, UK |
| 11:30 | Comfort Break | | |
| 11:45 | Arrhythmia Alliance Charity Overview | Trudie Lobban MBE | Chipping Norton, UK |
| 11:50 | How can I help myself with heart failure? | Colin Cunningham | Manchester, UK |
| 12:15 | What can I do about Cardiomyopathy? | Stephanie Cruickshank | Surrey, UK |
| 12:45 | Break | | |
| Chair: Adam Fitzpatrick | | | Manchester, UK |
| 13:30 | CBT How can it help? | Morwenna Opie-Moran | London, UK |
| 14:00 | Living with Heart Failure | Stephanie Cruickshank | Surrey, UK |



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| 14:30 | Deactivation and Palliative care with ICD | James Fouhy | Clonmel, Ireland |
| 15:00 | Palpitations: When to seek medical attention or intervention | Matthew Fay | Bradford UK |
| 15:30 | Q and A | | |
| 16:00 | Close | | |



Arrhythmia Alliance CPVT Patients Day - Executive Room 1



| 10:00 - 12:15 | Chair: Adam Fitzpatrick | Manchester, UK | |
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| 10:00 | What is CPVT? | Jan Till | London, UK |
| 10:30 | Arrhythmia Alliance Charity Overview | Trudie Lobban MBE | Chipping Norton, UK |
| 10:35 | A patient's experience of living with CPVT | Shannon Donovan | |
| 11:00 | What treatment is available to me with CPVT? | Karen McLeod | Glasgow, UK |
| 11:30 | Break | | |
| 11:45 | Sport and lifestyle advice in CPVT | Belinda Gray | London, UK |
| 12:15 | Latest update on device technology for CPVT | James Fouhy | Clonmel, Ireland |
| 12:45 | Break | | |
| 13:30 - 15:00 | Chair: Kim Rajappan | Oxford, UK | |



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| 13:30 | What is Left Cardiac Sympathetic Denervation (LCSD) - how can it help? | Jan Till | London, UK |
| 14:00 | What is genetic testing and why will it help? | Leonie Wong | London, UK |
| 14:30 | Q&A | | |